

## **Clinical Practice Guidelines**

| Clinical Practice Guidelines          |   | Last Updated: 02-19-2025                        |   |                                       |
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| Торіс                                 | Name of Guideline   | Reference Sources<br>(Organization/Web Address) | Date of Last<br>Revision                    | Date Last<br>Reviewed and<br>Approved |
| ADHD                                  | ADHD in Children and Adolescents  | American Academy of Family Physicians           | 5/1/2016<br>(endorsed April 2020)           | 2/19/2025                             |
| ADHD                                  | ADHD: Clinical Practice Guideline for the Diagnosis, Evaluation, and Treatment of Attention-Deficit/Hyperactivity Disorder in Children and Adolescents  | American Academy of Pediatrics                  | 10/1/2019                                   | 2/19/2025                             |
| Adult Sinusitis                       | AAFP Guideline for Sinusitis in Adults  | American Academy of Family Physicians           | 4/1/2020                                    | 2/19/2025                             |
| Alcohol Use Disorder                  | Pharmacotherapy for Adults With<br>Alcohol Use Disorder in Outpatient<br>Settings: Systematic Review  | <u>AHRQ</u>                                     | 1/1/2018<br>(Systematic Review<br>Nov 2023) | 2/19/2025                             |
| Allergic Rhinitis                     | Allergic Rhinitis   | American Academy of Family Physicians           | 7/1/2014<br>(reaffirmed April<br>2020)      | 2/19/2025                             |
| Alzheimer's Disease                   | Practice Guideline for the Treatment of Patients With Alzheimer's Disease and Other Dementias   | American Psychiatric Association                | 10/1/2014                                   | 2/19/2025                             |
| Assement of Persons with Disabilities | Guidelines for Assessment of and<br>Intervention with Persons with<br>Disabilities  | American Psychological Association              | 4/1/2022                                    | 8/9/2023                              |
| Asthma                                | Global Strategy for Asthma  Management and Prevention   | Global Initiative for Asthma                    | 5/22/2024                                   | 2/19/2025                             |
| Asthma                                | Asthma Management Guidelines  | National Heart, Lung & Blood Institute          | 2/1/2021                                    | 2/19/2025                             |
| Atrial Fibrillation                   | 2023 ACC/AHA/ACCP/HRS Guideline for<br>the Diagnosis and Management of Atrial<br>Fibrillation: A Report of the American<br>College of Cardiology/American Heart<br>Association Joint Committee on Clinical<br>Practice Guidelines | American Heart Association                      | 1/2/2024                                    | 2/19/2025                             |
| Autism                                | Identification, Evaluation, and  Management of Children With Autism  Spectrum Disorder  | <u>Pediatrics</u>                               | 1/1/2020                                    | 1/29/2024                             |
| Behavioral Health Clinician Tools     | Behavioral Health Screening Tools for<br>Adolescents and Children   | CHPW Forms and Tools                            | 9/1/2018                                    | 1/29/2024                             |
| Behavioral Health Integration         | Bree Collaborative: Behavioral Health Integration Report and Recommendations  | Bree Collaborative                              | 3/1/2017                                    | 1/29/2024                             |
| Behavioral Health, Pediatric          | BLUE MENU OF EVIDENCE-BASED PSYCHOSOCIAL INTERVENTIONS FOR YOUTH  | Practice Wise LLC                               | 10/1/2023                                   | 1/29/2024                             |
| Bipolar Disorder                      | VA/DoD Clinical Practice Guideline for<br>Management of Bipolar Disorder in<br>Adults   | VA/DOD  | 5/1/2023                                    | 1/29/2024                             |
| Car Seats                             | Child Passenger Safety: American Academy of Pediatrics  | American Academy of Pediatrics                  | 1/4/2022                                    | 1/29/2024                             |
| Childhood Anxiety                     | Clinical Practice Guideline for the<br>Assessment and Treatment of Children<br>and Adolescents with Anxiety Disorders   | AACAP   | 5/18/2020                                   | 1/29/2024                             |

|                                       | Clinical Practice Guideline for the   |  |                                   |           |
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| Childhood Depression                  | Assessment and Treatment of Children and Adolescents with Major and Persistent Depressive Disorders   | <u>AACAP</u>   | 5/1/2023                          | 1/29/2024 |
| Cholesterol                           | AHA/ACC/AACVPR/AAPA/ABC/ACPM/A DA/AGS/APhA/ASPC/NLA/PCNA Guideline on the Management of Blood Cholesterol: A Report of the American College of Cardiology/American Heart Association Task Force on Clinical Practice Guidelines | American Heart Association                                   | 8/14/2023                         | 2/19/2025 |
| Chronic Kidney Disease                | VA/Dod CLINICAL PRACTICE GUIDELINE<br>FOR THE MANAGEMENT OF CHRONIC<br>KIDNEY DISEASE   | VA/DOD   | 9/1/2019                          | 1/29/2024 |
| COPD                                  | GLOBAL STRATEGY FOR PREVENTION, DIAGNOSIS AND MANAGEMENT OF COPD: 2025 Report   | Global Initiative For Chronic Obstructive Lung Disease       | 11/15/2024                        | 2/19/2025 |
| Depression - Adult Screening          | Screening for Depression in Adults  | https://jamanetwork.com/                                     | 1/26/2016                         | 1/29/2024 |
| Depression - Major                    | American Psychiatric Association Practice Guideline for the Treatment of Patients With Major Depressive Disorder  | American Psychiatric Association                             | 10/1/2016                         | 1/29/2024 |
| Depression - Pregnancy and Postpartum | Primary Care Screening for and Treatment of Depression in Pregnant and Postpartum Women (2016)  | Journal of the American Medical Association                  | 1/1/2016                          | 1/29/2024 |
| Depression Following Coronary Events  | Depression Following Acute Coronary<br>xSyndrome Events: Screening and<br>Treatment Guidelines from the AAFP  | American Academy of Family Physicians                        | 6/15/2019                         | 8/9/2023  |
| Diabetes                              | Standards of Medical Care in Diabetes (2025)  | American Diabetes Association                                | 12/23/2024                        | 2/19/2025 |
| Disabilities                          | Guidelines for Assessment of and<br>Intervention with Persons with<br>Disabilities  | American Psychological Association                           | 2/1/2022<br>(created 2011)        | 8/9/2023  |
| Eating Disorders                      | The American Psychiatric Association Practice Guideline for the Treatment of Patients With Eating Disorders, Fourth Edition   | <u>Psychiatry Online</u>                                     | 2/1/2023                          | 1/29/2024 |
| Gender Affirming Care                 | Standards of Care for the Health of<br>Transgender and Gender Diverse People,<br>Version 8  | The World Professional Association for<br>Transgender Health | 9/15/2022                         | 2/19/2025 |
| Gout                                  | Management of Acute and Recurrent  Gout   | American Academy of Family Physicians                        | 4/1/2014<br>(Endorsed April 2017) | 2/19/2025 |
| Heart Failure                         | 2022 AHA/ACC/HFSA Guideline for the<br>Management of Heart Failure: A Report<br>of the American College of<br>Cardiology/American Heart Association<br>Joint Committee on Clinical Practice<br>Guidelines                       | American Heart Association                                   | 4/10/2022                         | 1/29/2024 |
| High Risk Medications                 | American Geriatrics Society 2023<br>updated AGS Beers Criteria for<br>potentially inappropriate medication use<br>in order adults   | American Geriatrics Society                                  | 3/1/2023                          | 2/19/2025 |
| Hypertension                          | American College of Cardiology 2017 Guideline for High Blood Pressure in Adults   | American College of Cardiology                               | 5/17/2018                         | 2/19/2025 |
| Immunizations                         | ACIP Vaccine Recommendations and<br>Guidelines  | Center for Disease Control and<br><u>Prevention</u>          | 3/13/2023                         | 8/9/2023  |
| LGBTQ Health Care                     | Bree LGBTQ Health Care Report and<br>Recommendations  | The Bree Collaborative                                       | 9/1/2018                          | 1/29/2024 |
| Low Back Pain                         | Bree Collaborative: Spine/Low Back Pain<br>Topic  | <u>Bree Collaborative</u>                                    | 11/1/2013                         | 1/29/2024 |
| Obesity in Adults                     | VA/DOD CLINICAL PRACTICE GUIDELINE FOR THE MANAGEMENT OF ADULT OVERWEIGHT AND OBESITY   | <u>VA/DOD</u>  | 6/1/2010                          | 1/29/2024 |

| Obsessive Compulsive Disorder  | American Psychiatric Association Practice Guideline for the Treatment of Patients With Obsessive Compulsive Disorder Updates 2013          | <u>Psychiatry Online</u>                            | 3/1/2013                             | 1/29/2024 |
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| Opioid Prescribing: Long-Term Opioid<br>Therapy Report and Recommendations | Long Term Opioid Use<br>Recommendations  | Bree Collaborative                                  | 1/1/2020                             | 1/29/2024 |
| Opioid Use Disorder  | Bree: Opioid Use Disorder Treatment Report and Recommendations   | Bree Collaborative                                  | 11/1/2017                            | 1/29/2024 |
| Opioids for Pain   | CDC Guideline for Prescribing Opioids  for Chronic Pain  | Center for Disease Control and<br><u>Prevention</u> | 11/4/2022                            | 2/19/2025 |
| Osteoporosis and Low Bone Density Screening                                | Osteoporosis to Prevent Fractures: Screening   | U.S. Preventative Services Task Force               | 1/14/2025                            | 2/19/2025 |
| Otitis Externa - Acute   | Acute Otitis Externa   | American Academy of Family Physicians               | 9/1/2014<br>(reaffirmed 2019)        | 1/29/2024 |
| Otitis Media in Children   | Acute Otitis Media in Children   | American Academy of Family Physicians               | 1/15/2017                            | 8/9/2023  |
| Panic Disorder   | American Psychiatric Association Practice Guideline for the Treatment of Patients with Panic Disorder                                      | American Psychiatric Association                    | 1/1/2009                             | 1/29/2024 |
| Pediatric Collaborative Care   | Clinical Update: Collaborative Mental Health Care for Children and Adolescents in Pediatric Primary Care                                   | AACAP   | 2/1/2023                             | 1/29/2024 |
| Pediatric Lead Screening   | Blood Lead Testing: Information for<br>Health Care Providers   | Washington Department of Health                     | 1/1/2024                             | 2/19/2025 |
| Preventive Health Care, Pediatric  | Preventive Pediatric Health Care   | Bright Futures/American Academy of<br>Pediatrics    | 12/1/2024                            | 2/19/2025 |
| Preventive Services, Adult   | Adult Preventive Health Care Schedule:<br>Recommendations from the USPSTF (as<br>of August 16, 2019)                                       | American Academy of Family Physicians               | 8/16/2019                            | 1/29/2024 |
| Preventive Services, Postpartum  | Postpartum Care: An Approach to the<br>Fourth Trimester  | American Academy of Family Physicians               | 10/15/2019                           | 1/29/2024 |
| Preventive Services: Preconception Care                                    | Preconception Care (Position Paper)  | American Academy of Family Physicians               | 12/1/2015<br>(September 2022<br>COD) | 1/29/2024 |
| Preventive Services: Prenatal Care   | <u>Update on Prenatal Care (Includes</u><br><u>USPSTF recommendations)</u>   | American Academy of Family Physicians               | 2/1/2014                             | 1/29/2024 |
| Shared Decision Making   | Bree Collaborative: Shared Decision  Making  | Bree Collaborative                                  | 1/1/2019                             | 2/19/2025 |
| Sleep Apnea in Children  | American Academy of Pediatrics current Clinical Practice Guideline: Diagnosis and Management of Childhood Obstructive Sleep Apnea Syndrome |   | 9/1/2012                             | 1/29/2024 |
| Substance Use Disorder   | Practice Guideline for the Treatment of<br>Patients with Substance Use Disorders,<br>Second Edition (2006)                                 | American Psychiatric Association                    | 8/1/2006                             | 1/29/2024 |
| Vaginal Birth After Cesarean   | Vaginal Birth After Cesarean   | American Academy of Family Physicians               | 5/1/2014<br>(reaffirmed 2019)        | 1/29/2024 |
| Venous Thromboembolism   | Deep Venous Thrombosis and Pulmonary Embolism: Current Therapy   | American Academy of Family Physicians               | 3/1/2017                             | 1/29/2024 |