



**COMMUNITY HEALTH PLAN**  
of Washington™

The power of community

# Qorshe adiga kuu horraysiinaya

Laga soo bilaabo baahiyahaaga caafimaad  
ilaa baahiyahaaga maalinlaha ah, waanu  
kuu joognaa adiga.

## Sababtee Loo dooranaya Community Health Plan of Washington (CHPW)?

Caafimaadkaaga waxaa qaabeeyaa gurigaaga,  
bulshadaada, qoyskaaga, yoolalkaaga, dhaqankaaga,  
iyo wax kaloo badan. Markaad leedahay CHPW,  
waxaad had iyo jeer joogtaa xarunta daryeelkaaga.  
Waanu dhagaysanaa oo aan ka wada shaqaynaa si aan  
u daboolno baahiyahaaga gaarka ah.

Wixii ka baxsan adeegyada caafimaadka la daboolay,  
CHPW xubnaha Apple Health (Medicaid) waxay helayaan:

- Shabakad ka kooban bixiyeyaasha daryeel  
caafimaad oo ay ka go'an tahay.
- Abaalmarinta kaarka hadiyadeed ee  
waxqabadyada caafimaadka leh.
- Daryeel dhaqan ahaan habboon oo luuqadaada  
la adeegsanayo.
- Maamulayaasha daryeelka kuwaas oo kaa  
caawin kara helida khayraadka guryaha, cuntada,  
iyo wax ka badan.
- Koox weji furan oo maxalli ah oo diyaar u ah  
inay kaa caawiyaan helitaanka daryeelka aad  
u baahan tahay.





## Daryeelka Dhammayska tiran

Baahiyahaaga caafimaadka waa gooni. CHPW waxay halkan u joogtaa inay kaa caawiso inaad hesho daryeelka kugu habboon, qayb kasta oo noloshaada ah.



Daryeelka Koowaad



Daryeelka Gaarka ah



Daryeelka Degdeega ah & Daryeelka Gurmadka ah



Adeegyada Caafimaadka Dhaqameed



Baaritaanada indhaha



Jirada Iisticmaalka Walxaha macmnuuca ah



Adeegyada Ilkaha



Dawoooyinka Dhakhtarku Qoro

## Benefits+

Ku hel abaalmarin\* oo ku hel adeegyadan qiimaha \$0 CHPW marka lagu daro faa'iidooyinkaaga Apple Health haddii aad u qalanto.



Toobinka, Daliigista, Masaajka



Muraayadaha bilaashka ah ee Dadka waaw ayn



Taageerada Uurka



Bamka Caanaha Naaska ka lisa\*\*



Kaar Hadiyadeed \$50 ah\* loogu talogalay Baaritaanka Kansarka Naasha



Kaar Hadiyadeed \$25 ah\* loogu talogalay Baadhitaanka Kansarka Mindhicirka Wayn iyo Malawadka



Kaarar Hadiyadeed ah ilaa \$150\* loogu talogalay Booqashooyinka Dhalmada Kahor & Dhalmada Kadib



Kaar Hadiyadeed ah \$20\* Booqasho Kasta oo Well-Child ah



Barnaamijyada Bulshada



Daryeelka Onlaynka ah\*\*



Muraayadaha Indhaha ama Muraayadaha Wiilka Lagu Dhejiyo ee Carruurta\*\*



Xubnimada Boys & Girls Club\*\*\*



Telefoonka gacanta oo bilaash ah\*\*



24/7 Khadka Talada Kalkaalisada\*\*



Ciyaaraha jidhka ee Carruurta



\$200 Daboolida Gudniinka

\*Hel ilaa wadar ahaan \$200 xubin kasta oo xaqa u leh sannadkii

\*\*Loo heli karo dhammaan xubnaha Apple Health ee xaqa u leh

\*\*\*Halka laga heli karo

# U dooro CHPW Qorshahaaga daryeelka la maamulay ee Apple Health (Medicaid).

Si aad u ogaato inaad u qalanto Apple Health ama si aad u bedesho qorshayaasha, booqo [wahealthplanfinder.org](http://wahealthplanfinder.org) ama wac 1-855-923-4633.

**Su'aalo ma qabtaa?** Kooxdayadu waxay halkan u joogtaa inay ku caawiyaan.



**Telefoonka:** 1-866-907-1904 (TTY: 711)  
Isniinta-Jimcaha, 8 subaxnimo – 5:30 galabnimo.



**Onlaynka:** [chpw.org/ahenroll](http://chpw.org/ahenroll)

Alaabada iyo adeegyada qaarkood ee la sifeeyay laguma bixiyo lagumana dammaanad qaadin heshiiskayada Washington Apple Health (Medicaid). Intaa waxaa dheer, kuma jiraan nidaamka rafcaanka Apple Health. Khilaaf kasta oo ku saabsan alaabadan iyo adeegyadan waxa laga yaabaa inay hoos yimaadaan nidaamka cabashada Community Health Plan of Washington (CHPW). Haddii aad u baahan tahay qaabiliaad, ama aad u baahan tahay dhokumenti ku qoran qaab kale oo qoraal ah ama luuqad kale, fadlan bilaash ku soo wac 1-800-440-1561 (TTY: 711) 8 subaxnimo ilaa 5 galabnimo, Isniin ilaa Jimce. CHPW waxay u hoggaantsantaa sharciyada federaalka, gobolka, iyo kuwa maxalliga ah ee xuquuqda madaniga ah. CHPW ma takooro, ka saarto, ama ula dhaqanto dadka si kala duwan iyadoo loo eegayo isir, midab, waddanka qofku ka yimi, da, jinsi, doorashada jinsiga, nooca jinsiga (oo ay ku jiraan aqoonsiga jinsiga ama muujinta), halgamaanimada ama xaalad ciidan, ama jiritaanka naafonimo dareen, maskaxeed ama jireed ama isticmaalka xayawaan adeega. **ATENCIÓN:** si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-800-440-1561 (TTY: 711). **ВНИМАНИЕ:** Если вы говорите на русском языке, то вам доступны бесплатные услуги перевода. Звоните 1-800-440-1561 (телефон: 711).



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