

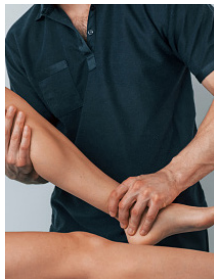


COMMUNITY HEALTH PLAN
of Washington™

The power of community

APPLE HEALTH (MEDICAID)

Feel better with alternative treatments



As a CHPW Apple Health (Medicaid) member, you get up to **20 visits each year** for **acupuncture, chiropractic, and massage** — at no cost to you.

- **No referral or prior authorization needed.**
- **See any licensed provider in Washington.**
- **Use your 20 visits any way you like.**
For example, 8 acupuncture, 7 massage*, 5 chiropractic.
- **Providers bill CHPW directly.** Or you pay first and get reimbursed—just follow the easy instructions online or by phone.

Questions?

Call CHPW at 1-800-440-1561 (TTY: 711)

Monday through Friday, 8 a.m. – 5 p.m.

Visit online: chpw.org/alt-treatment

Must meet Apple Health eligibility requirements.

**Massage visits are based on session length of 30 minutes. A one-hour massage = two visits. Tipping is up to you and not covered by CHPW.*

Isku daawee daaweyn kale

Xubin ka ah CHPW Apple Health (Medicaid), waxaad helaysaa ilaa **20 booqasho sanad walba oo ah toobinka, xanuunka loo yaqaan 'chiropractic', iyo duugis** — wax kharash ah oo kugu kacaya.

- **Ma jiraan gudbin ama oggolaanshe hore oo loo baahan yahay.**
- **Eeg bixiye shati haysta ee Washington.**
- **Isticmaal 20 ka booqasho ee aad rabto.** Tusaale ahaan, 8 acupuncture, 7 duugis*, 5 xanuunka loo yaqaan 'chiropractic'.
- **Bixiyeyaasha waxay si toos ah u biilayaan CHPW.** Ama aad bixiso marka hore oo dib loo soo celiyo-kaliya raac tilmaamo fudud online ama telefoon.

Su'aalaha?

Ka wac CHPW 1-800-440-1561 (TTY: 711) Isniinta ilaa Jimcaha, 8 subaxnimo - 5 galabnimo.

Booqo onlayn: chpw.org/alt-treatment-so

Waa inuu buuxiyaa shuruudaha u-qalmitaanka Apple Health.

**Booqashooyinka duugista waxay ku saleysan yihiin dhererka fadhiga 30 daqiiqo. Duugis hal saac ah = laba booqasho. Talo bixintu adiga ayay ku xidhan tahay mana daboolayso CHPW.*

Community Health Plan of Washington complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. If you need an accommodation, or require documents in another format or language, please call toll-free 1-800-440-1561 (TTY: 711) 8:00 a.m. to 5:00 p.m., Monday to Friday. Under Washington law, people have a right to be free from discrimination because of race, creed, color, national origin, sex, honorably discharged veteran or military status, sexual orientation, or the presence of any sensory, mental, or physical disability or the use of a trained dog guide or service animal by a person with a disability. ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-800-440-1561 (TTY: 711). ВНИМАНИЕ: Если вы говорите на русском языке, то вам доступны бесплатные услуги перевода. Звоните 1-800-440-1561 (телетайп: 711).