

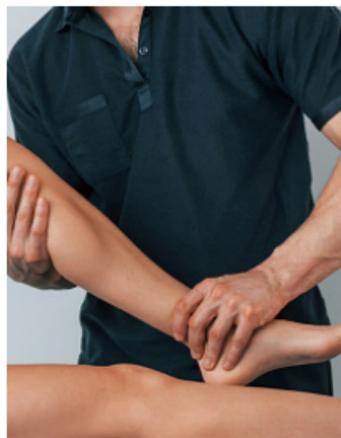


COMMUNITY HEALTH PLAN
of Washington™

The power of community

APPLE HEALTH (MEDICAID)

Feel better with alternative treatments



As a CHPW Apple Health (Medicaid) member, you get up to **20 visits each year** for **acupuncture, chiropractic, and massage** — at no cost to you.

- **No referral or prior authorization needed.**
- **See any licensed provider in Washington.**
- **Use your 20 visits any way you like.**
For example, 8 acupuncture, 7 massage*, 5 chiropractic.
- **Providers bill CHPW directly.** Or you pay first and get reimbursed—just follow the easy instructions online or by phone.

Questions?

Call CHPW at 1-800-440-1561 (TTY: 711)

Monday through Friday, 8 a.m. – 5 p.m.

Visit online: chpw.org/alt-treatment

Must meet Apple Health eligibility requirements.

**Massage visits are based on session length of 30 minutes. A one-hour massage = two visits. Tipping is up to you and not covered by CHPW.*

使用替代疗法 让您感觉更好

作为 CHPW Apple Health (Medicaid) 会员，您每年最多可以接受 20 次针灸、脊椎推拿和按摩就诊，您无需支付任何费用。

- 无需转诊或事先授权。
- 请咨询 Washington 的任何持证医疗服务提供者。
- 以您喜欢的任何方式使用您的 20 次就诊。例如，8 次针灸、7 次按摩*、5 次脊椎推拿。
- 医疗服务提供者直接向 CHPW 收费。或者您可以先付款，之后再报销—只需按照简单的在线或电话说明操作即可。

您有任何疑问？

请致电 1-800-440-1561 (TTY: 711)
联系 CHPW, 服务时间为周一至周五，
上午 8 点至下午 5 点。

在线访问：chpw.org/alt-treatment-chn

必须符合 Apple Health 资格要求。

*按摩就诊次数以 30 分钟的疗程长度为准。一小时按摩 = 两次就诊。小费由您决定，CHPW 不承保。

Community Health Plan of Washington complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. If you need an accommodation, or require documents in another format or language, please call toll-free 1-800-440-1561 (TTY: 711) 8:00 a.m. to 5:00 p.m., Monday to Friday. Under Washington law, people have a right to be free from discrimination because of race, creed, color, national origin, sex, honorably discharged veteran or military status, sexual orientation, or the presence of any sensory, mental, or physical disability or the use of a trained dog guide or service animal by a person with a disability. ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-800-440-1561 (TTY: 711). ВНИМАНИЕ: Если вы говорите на русском языке, то вам доступны бесплатные услуги перевода. Звоните 1-800-440-1561 (телетайп: 711).