



COMMUNITY HEALTH PLAN
of Washington™

The power of community

Alternative Treatments

Community Health Plan of Washington (CHPW) supports your whole health.



As a CHPW Apple Health (Medicaid) member, you get a combined total of 20 visits a year for Acupuncture, Chiropractic, and Massage*. These procedures can be effective, drug-free alternative treatments for chronic pain and other ailments including headaches, allergies, and anxiety and depression.

- No referral or Prior Authorization needed
- Member can see *any* licensed provider in Washington

Questions?

Call CHPW at 1-800-440-1561 (TTY: Dial 711), Monday through Friday, 8 a.m. – 5 p.m.

Or visit online: chpw.org/alternative-treatments

**Massage visits are based on session length of 30 minutes each. A one-hour massage, for example, would count as two visits. Optional tipping is not included in coverage.*

Tratamientos alternativos

Community Health Plan of Washington (CHPW) promueve su salud integral.

Como miembro de CHPW Apple Health (Medicaid), recibe un total combinado de 20 visitas al año para acupuntura, quiropráctica y masajes*. Estos procedimientos pueden ser tratamientos alternativos efectivos y libres de medicamentos para tratar el dolor crónico y otras dolencias, como el dolor de cabeza, la alergia, la ansiedad y la depresión.

- No se necesita una referencia ni una autorización previa
- El miembro puede acudir a *cualquier* proveedor de Washington con licencia

¿Tiene preguntas?

Llame al CHPW al 1-800-440-1561 (TTY: marque 711), de lunes a viernes, de 8:00 a. m. a 5:00 p. m.

O ingrese en: chpw.org/alternative-treatments

**Las visitas de masajes se basan en sesiones de 30 minutos cada una. Un masaje de una hora, por ejemplo, contaría como dos visitas. La propina opcional no está incluida en la cobertura.*

Community Health Plan of Washington complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. Under Washington law, people have a right to be free from discrimination because of race, creed, color, national origin, sex, veteran or military status, sexual orientation, or the presence of any sensory, mental, or physical disability or the use of a trained dog guide or service animal by a person with a disability. If you need an accommodation, or require documents in another format or language, please call 1-800-440-1561 (TTY: 711) 8 a.m. to 5 p.m., Monday to Friday. (TTY: 711). 注意：如果您使用中文，您可以免費獲得語言援助服務。請致電 1-800-440-1561 (TTY: 711)。