

# Information About Your Request to Restrict Disclosures of Your Protected Health Information (PHI)

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## **What does the right to restrict disclosures of PHI mean?**

You may ask us not to share your information for treatment, payment, or health care operations. You also have the right to ask us not to share your information with family, friends, or other persons involved in your health care.

## **What do I need to know to use this right?**

If you ask us to restrict how we share your health information with others, you can change your mind later. You must tell us you have changed your mind by calling our customer service team so we know to change how we share your information.

If we agree to your request, we will follow your wishes, unless you have a medical emergency and we believe we need to share your information to help you get better. However, we are allowed to deny your request.

Community Health Plan of Washington will respond to this request within 30 days. If we can't respond within 30 days, we will send you a written notice that it will take longer.

## **How much will this cost?**

There is no fee to restrict disclosures of your health information.

## **How do I make a request?**

Fill out and print the attached form. Then mail it to the address printed at the end of the form.

## **How will I know if my request is processed?**

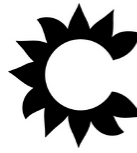
We will send a letter to the address you write on the form. The letter will tell you if we approved or denied your request.

## **How can I get a full notice of my privacy rights?**

A full notice of your privacy rights is on the Community Health Plan of Washington's web site at: <http://chpw.org/for-members/your-privacy-and-rights/>

You can also get a copy by calling Community Health Plan of Washington's Customer Service department at 1-800-440-1561. If you are hearing or speech impaired, please call TTY 7-1-1 (toll free).

**REQUEST TO RESTRICT DISCLOSURES OF  
PROTECTED HEALTH INFORMATION (PHI)**



**COMMUNITY HEALTH PLAN**  
of Washington™

**Section A: Member Information**

Member Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Member ID #: \_\_\_\_\_ Date of Request: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ ZIP code: \_\_\_\_\_

Phone: \_\_\_\_\_ Fax: \_\_\_\_\_

**Choose One:**

- OK to leave message with detailed information     Leave message with call back number only

**Section B: Details of the Request**

**Please describe the information you wish to restrict.** Provide as much detail as possible about the information you want restricted and how.

**Section C: Persons Restricted**

**List the persons or businesses to be restricted from the above information.**

## Section D: Reason for the Restriction

Describe why you want the restriction on your protected health information.

## Section E: Signature and Date

Member or  
Representative  
Name: \_\_\_\_\_

Member or  
Representative  
Signature: \_\_\_\_\_

Date Signed: \_\_\_\_\_

**Please complete the form and return a copy to:**

Community Health Plan of Washington  
Attention: Compliance, Privacy and Security Officer  
1111 Third Avenue, Suite 400  
Seattle, WA 98101  
Fax: (206) 521-8834  
Email: [compliance.officer@chpw.org](mailto:compliance.officer@chpw.org)

Please type or print neatly. We will not process incomplete or illegible forms.