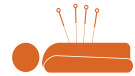




# Benefits+: Just for you, from CHPW Apple Health

You are at the center of your family, your community, and your health. At Community Health Plan of Washington (CHPW), we listen and build care around you. As a CHPW Apple Health (Medicaid) member, you can receive all these benefits – at \$0 cost when you qualify for Apple Health coverage.



## Alternative Treatments

Combined total of 20 visits a year for acupuncture, chiropractic, and massage. No referral or prior approval needed



## Eyeglasses

Free pair for adults 21 and up, plus routine eye exams



## Community Programs

Local resources and help for food, jobs, transportation, and more



## Free Cellphone\*

Comes with monthly minutes and data

## Questions about CHPW benefits?

Our friendly, local Customer Service team is ready to help.

*\*Available to all Apple Health members*



## Rewards for Mom

Gift cards (Amazon, Safeway, or Target) for doctor visits during and after pregnancy



## Breast Pump\*

For new moms. Electric or manual, delivered to your home



## Boys & Girls Club

Free membership for kids age 6 to 18 (where available)



## Amazon Prime\*

Discounted Amazon Prime membership for those who qualify



## Rewards for Kids' Checkups

\$20 gift card (Amazon, Safeway, or Target) every time your child gets a well-child checkup until age 18



## Circumcision

Up to \$200 coverage for each child



## Sports Physicals for Kids

Coverage for one annual sports physical per child ages 6 through 18



## Virtual Care/Nurse Advice Line\*

No-cost phone or video visits with a doctor, any time of day or night. 24/7 phone access to a nurse



Phone **1-800-440-1561** (TTY: Dial 711)  
Monday through Friday, 8 a.m. – 5 p.m.

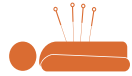


Online **chpw.org/benefitsplus**



# : Adiga kugu socota,ka timid CHPW Apple Health

Waxaad joogtaa xarunta qoyskaaga, bulshadaada, iyo caafimaadkaaga. Xaga Community Health Plan of Washington (CHPW), waanu dhagaysanaa iyo waxaanu daryeelka ku dhisnaa hareertaada. Sidii xubinta CHPW Apple Health (Medicaid), waxaad ka heli kartaa dhammaan dheefahan – kharash ah \$0 marka aad u qalanto daboolida Apple Health.



## Daawaynta Beddelka ah

Wadarta la isku daray ee 20 booqasho sanadkii ee akubanjaraka, daawaynta jidhka, iyo duugista ama daliiga. Looma baahna gudbin ama oggolaanshe hore.



## Abaal marinta Hooyada

Kaadhadhka hadiyada (Amazon, Safeway, ama Target) ee booqashooyinka dhakhtarka muddada iyo ka dib uurka



## Abaal marinta Baadhitaanka Carruurta

\$20 kaadhka hadiyada (Amazon, Safeway, ama Target) wakhti kasta oo ilmahaagu helo baadhitaanka ilmaha fayoy qabka ah ilaa da'da 18.



## Ookiyaalaha

Muraayad loogu talo galay dadka waa wayn 21 iyo ka wayn, lagu daray baadhitaanka indhaha ee caadiga ah



## Bamka Naaska\*

Hooyooyinka cusub. Koronto ama gacanta, adiga laguugu soo diro guriga



## Gudniin

Ilaa \$200 oo daboolid ilma kasta



## Barnaamijyada Bulshadda

Ilaaha maxaliga ah iyo caawimada cuntadda, shaqooyinka, gaadiidka, iyo wax badan



## Boys & Girls Club

Xubinimada bilaashka ah ee carruurta da'da 6 ilaa 18 (halka laga heli karo)



## Ciyaaraha jidhka ee Carruurta

Daboolida hal ciyaaraha jidhka sanadlaha ah ilmahiiba da'aha 6 ilaa 18



## Telefoonka gacanta oo bilaash ah\*

Waxa la socota daqiiqadaha iyo xogta bilaha ah



## Amazon Prime\*

Xubinimada qiimaha la dhimay ee Amazon Prime kuwan u qalma.



## Daryeelka Onlaynka/Laynka Talada Kalkaaliska\*

Telefoon aan kharash ahayn ama booqashooyinka fidiyaha ee dhakhtarka, wakhti kasta oo maalinta ama habeenka ah. 24/7 helida lambarka kalkaalisada

## Su'aalaha ku saabsan dheefaha CHPW?

Kooxdayda saaxiibtinimada leh, Adeega macmiilka maxaliga ah waxay diyaar u yihiin caawimada.



Telefoonka **1-800-440-1561** (TTY: Garaac 711) Isniinta ilaa Jimcaha 8 ubaxnimo ilaa 5 galabnimo.



Khadka dhexdiisa **chpw.org/benefitsplus**

\*Loo heli karo dhammaan Xubnaha Apple Health

Community Health Plan of Washington waxa uu waafaqsan yahay sharciyada xuquuqda madaniga Federaalka ee ku habboon oo uma takooro dadka qaab ku salaysan isirka, midanka, asalka qaranka, da'da, naafanimada, ama jinsiga. Si waafaqsan sharciga Washington, dadka waxay leeyihiin xaq ay kaga xor ahaadaan takoorka sababtoo ah isirka, caqiidada, midabka, asalka qaranka, jinsiga, qof ciidankii hore ah, qaabka galmada, ama jiritaanka wax naafanimada dareenka ah, maskaxda ah, ama jidhka ama isticmaalka eyga tabababran ee hagaha ah ama adeega xawaanka ee qofka naafada. Haddii aad u baahan tahay habbayn, ama aad u baahan tahay dhokumenti ku qoran qaab kale oo qoraal ah ama luqad, fadlan soo wac 1-800-440-1561 (TTY: 711 subaxnimo) 8:00 Subaxnimo ilaa 5:00 galabnimo Isniin ilaa Jimce. ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-800-440-1561 (TTY: 711). 注意：如果您使用繁體中文，您可以免費獲得語言援助服務。請致電 1-800-440-1561 (TTY: 711).