



Behavioral Health is essential to health. Prevention is effective, treatment works, and people recover. If you have a patient who may be in need of Behavioral Health services, please note the resources below and share with your patients.

The WA Recovery Help Line, a service of **Crisis Clinic**, is a 24-hour crisis intervention and referral line for those struggling with issues related to mental health, substance abuse, and problem gambling. Professionally trained volunteers and staff provide confidential support and referrals to detox, treatment, and recovery support groups.

For more information about the Crisis Clinic, go to: <https://www.crisisclinic.org>

Resources for former patients of the Seattle Pain Clinics can be found at the Department of Health's continuously updated website at:

<https://www.doh.wa.gov/Emergencies/CurrentHazardsandIssues/PainClinicClosures>

Additional information on local crisis lines can be found at the Division of Behavioral Health and Recovery's website at:

<https://www.dshs.wa.gov/bha/division-behavioral-health-and-recovery>

For Immediate Help, your patients could call the **Washington Recovery Help Line** at--

1-866-789-1511:

- any time
- for free,
- for confidential emotional support,
- crisis intervention, and
- referrals

For additional questions, please contact CHPW's Customer Care team at **800 440-1561**.