



Partnership Access Line (PAL)

What is the Partnership Access Line?

The Partnership Access Line (PAL) is a telephone-based child mental health consultation system for primary care providers. PAL is staffed by child psychiatrists affiliated with the University of Washington and Seattle Children's Hospital to deliver its consultation services.

PAL has a master's-level social worker who can assist with finding mental health resources for patients with any type of insurance (state, private or no insurance).

PAL is available to primary care doctors, nurse practitioners and physician assistants throughout the states of Washington.

PAL provides rapid consultation responses during business hours for any type of mental health issue relevant to a minor patient.

What does a primary care provider receive by calling the Partnership Access Line?

- Advice from a child psychiatrist and a follow-up letter with the details of your conversation.
- Tools to help you and your patient, including rating scales, book suggestions, websites and local resources tailored to your patient.
- First-time callers receive a child mental healthcare guide.

Washington PAL is available 8 a.m. to 5 p.m. Pacific Time by calling 1-866-599-7257.

For more information, please contact our Provider Relations Department at Provider.Relations@chpw.org.