ALL PATIENTS SAFE

SUICIDE PREVENTION TRAINING

Designed for Medical & other Licensed Professionals

Register today at apsafe.uw.edu

SUICIDE IS A SILENT EPIDEMIC & PUBLIC HEALTH CRISIS

38%

people made a health care visit within the week before their suicide attempt and 95% within the preceding year (Ahmedani et al., 2015) **47**,000+

lives claimed annually by suicide. (American Association of Suicidology, 2021)

Suicide is among the leading causes of death in the U.S. (National Institute of Mental Health). All Patients Safe can teach you practical skills to implement with your clients and in your practice to help prevent suicide.

All Patients Safe is a **three or six-hour interactive self-paced training course** designed to address the public health crisis and give medical providers and client-facing staff some tools that can help.

FREE for Washington State providers and client-facing staff.

Thanks to the Harborview Behavioral Health Institute and funding from the Substance Abuse and Mental Health Services Administration (SAMHSA) in partnership with the Washington State Health Care Authority (HCA), in response to the increased risk of suicide due to COVID-19.



YOU CAN MAKE AN ENORMOUS IMPACT

Everyone (3-hour course):

- Understand your role in suicide prevention including suicide recognition and referral
- Effectively educate patients and clients on how to make their homes safer to prevent suicide in their families and communities
- Integrate suicide prevention approaches into your personal and professional life

Medical & other Licensed Professionals (6-hour course):

- Integrate screening, safety, and assessment tools into your practice via case-based application of Forefront Suicide Prevention LEARN® steps
- Advocate for protocol and practice changes to improve suicide prevention care

THIS COURSE MEETS WASHINGTON STATE LICENSURE REQUIREMENTS FOR MEDICAL AND OTHER LICENSED PROFESSIONALS AND CONTINUING EDUCATION CREDIT IS AVAILABLE.







Suicide by the numbers:

5-14%

of perinatal women experience suicidal thoughts (Front Psychiatry. 2016; 7: 138) 19%

of Washington State suicides are veterans though they are 7% of the state population (WA Department of Health, WA-VDRS) 10th

leading cause of death nationwide (American Association of Suicidology, 2021)

A HIGH-QUALITY EDUCATIONAL EXPERIENCE

All Patients Safe is an interactive training that teaches practical suicide prevention skills. Each training module incorporates:

- · Real patient stories
- Model provider-patient interactions
- Interactive exercises with feedback provided
- Content designed by mental health providers and public health experts with lived experience

"It will save lives. I used the interview technique the day after taking the course and it resulted in a safety plan for a lady who had clear suicidal thoughts and plans. Thank you."



Licensure Requirements

Both the three-hour and six-hour versions of this course meets Washington State's licensure requirements (RCW 43.70.442) for health care providers to assist in reducing suicide through improved training.

Continuing Medical Education

The University of Washington School of Medicine is accredited by the Accreditation Council for Continuing Medical education to provide continuing medical education for physicians.

The University of Washington School of Medicine designates this enduring material for a maximum of 6.0 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Continuing Nursing Education

Nurses:

- Continuing Nursing Education at the University of Washington School of Nursing (UWCNE) is accredited as a
 provider of continuing nursing education by the American Nurses Credentialing Center's Commission on
 Accreditation.
- UWCNE is approved as a clock hour provider by the Washington State Board of Education.
- Provider approved by the California Board of Registered Nursing, Provider #7218.

<u>Psychologists:</u> UWCNE qualifies as a Washington State CE program sponsor under Washington Administrative Code (WAC) 246-924-240.

<u>Respiratory Therapists:</u> UWCNE qualifies as a Washington State CE program sponsor under Washington Administrative Code (WAC) 246-928-442.

<u>Social Workers and Counselors:</u> UWCNE qualifies as a Washington State CE program sponsor under WAC 246-809-610.Other Disciplines: A certificate will be awarded for use in documenting completion of this offering.