

## 1. Opiate Guidelines

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**The Washington Health Care Authority (HCA) is in the process of creating guidelines and limitations for opioid prescriptions based on age, quantity, duration, and diagnosis. While guidelines have not been released yet, they are anticipated by May 2017.**

In 2012, health care providers wrote 259 million prescriptions for opioid pain medications, enough for every adult in the United States to have a bottle of pills<sup>1</sup>. Opiates present serious risks, including overdose and opioid use disorder. From 1999 to 2014, more than 165,000 people died from overdose related to opioid pain medications in the United States<sup>1</sup>. The [CDC Guideline for Prescribing Opioids for Chronic Pain](#) discusses when to initiate or continue treatment; opioid selection, dosage, duration; and assessing risk and harm of treatment.

<sup>1</sup>Centers for Disease Control and Prevention

## 2. Vivitrol for Opioid Dependence

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**Vivitrol intramuscular injections for Medication Assisted Treatment no longer require a PA.**

Effective January 9, 2017, Health Care Authority's Apple Health Fee-for-Service program removed the requirement for prior authorization prior to approval of intramuscular naltrexone. It is the goal of the HCA and CHPW to maximize opportunities for clients to receive effective and successful treatment for substance abuse disorders.

## 3. Value Based Payment

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As part of the Healthier Washington initiative, the state aims to drive 80% of state-financed healthcare and 50% of the commercial market to Value-Based Payment (VBP) by 2020. Value-Based

Payment shifts incentives to reward high-value, cost-effective care and holds providers accountable for the cost and quality of care.

**2017 CHPW Pay for Performance measures are designed to include VBP measures:**

- Access to PCP (1-6, 7-19, 20+ years old)
- Patient Experience: PCP Listened Carefully

### Adults:

- Poor HbA1c Control (>9%)
- Blood Pressure Control with DM (<140/90)
- Controlling High Blood Pressure (<140/90)
- Antidepressant Medication Management – Effective Acute and Continuation Phase

### Children:

- Child Immunization Status – Combo 10
- Well-child visits (3rd, 4th, 5th and 6th year)
- Asthma: Med Compliance 50% (Ages 5-11)
- Asthma: Med Compliance 50% (Ages 12-18)

CHPW Pharmacy and Quality departments are coordinating to support Community Health Centers through data reporting and work plan alignment.

## 4. Making Connections

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Remember, CHC pharmacy directors can connect with one another utilizing the distribution email address: [CHNWRxDirector@chpw.org](mailto:CHNWRxDirector@chpw.org)

Stay up to date with CHPW changes and news by accessing Prior P&T Decisions on the [Provider Pharmacy Website](#) and Archived Pharmacy Newsletters on the [Provider Bulletin Board](#).

We welcome your feedback and future topic ideas. Email us at: [PharmacyR@chpw.org](mailto:PharmacyR@chpw.org)